<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Session Title</th>
<th>Description</th>
<th>Special Guests</th>
</tr>
</thead>
</table>
| Monday, June 10 | 7-8 AM                | Using Consumer Technology in Sleep Research      | In this session, panelists will discuss their perspectives on the utility and capability of consumer wearables and technology for field-based assessment of sleep and circadian rhythms. Within this framework, attention will be placed on the strengths, limitations, and unique potential of these emerging and evolving technologies.                                                                                      | Daniel Forger, PhD  
Daniel Forger, PhD  
Christopher E. Kline, PhD  
Jesse Cook                             |
| Monday, June 10 | 12:45-1:45 PM          | International Collaborations and Opportunities for Non-U.S. Based Sleep Researchers | Learn to initiate, maintain and expand collaborations both nationally and internationally. Non-US based researchers can also seek advice on seeking out collaborations and grant opportunities in the United States.                                                                                                                                           | Frank A. Scheer, PhD                 |
| Tuesday, June 11 | 7-8 AM                | Supporting Women and Families in Sleep Sciences  | Come meet some of our successful female sleep researchers and hear about their experience with establishing an independent program of research, maintaining a healthy work-life balance, dealing with challenging situations, finding mentor(s), and becoming involved in the SRS. This informal breakfast session is open to all trainees. The speakers encourage you to bring questions and additional topics for discussion.       | Marishka Brown, PhD  
Elizabeth B. Klerman, PhD  
Kathryn J. Reid, PhD             |
| Tuesday, June 11 | 11:30 AM - 12:30 PM   | Post Doc Speed Dating                              | Are you on the market for a postdoc? Learn about available opportunities from programs and faculty through this informal networking event. Bring a copy of your CV and your 1-minute elevator pitch!                                                                                                                                       | Sean P.A. Drummond, PhD  
Andrew D. Krystal, MD  
Janet M. Mullington, PhD        |
| Wednesday, June 12 | 7-8 AM                | Breakfast with Past Presidents of the SRS         | Join us for breakfast and meet some of the Past Presidents of the Sleep Research Society. This is an excellent networking opportunity in a fun and casual setting.                                                                                                                                                                           | Sean P.A. Drummond, PhD  
Andrew D. Krystal, MD  
Janet M. Mullington, PhD        |