

SLEEP 2010

24th Annual Meeting of the Associated Professional Sleep Societies, LLC

JUNE 5-9 | san antonio

Dear SLEEP 2010 Meeting Attendee:

Welcome to SLEEP 2010, 24th Annual Meeting of the Associated Professional Sleep Societies, LLC (APSS), a joint venture of the American Academy of Sleep Medicine (AASM) and the Sleep Research Society (SRS). This year's meeting provides you with access to the latest advances in the fields of sleep medicine and sleep research while also allowing ample time for you to network with colleagues old and new.

Twelve postgraduate courses—provided in both half-day and full-day formats—are scheduled for Saturday and Sunday. These courses have been developed to review in-depth information on specific topics of interest to sleep professionals and are presented by leaders in the field.

On Monday morning, Derk-Jan Dijk, PhD, will present the keynote address entitled "Sleep and Circadian Rhythms – Closer Together Again" during the plenary session. For the first time this year, the SLEEP 2010 meeting will also have plenary sessions on Tuesday and Wednesday mornings with Dr. Susan Redline presenting "Childhood Antecedents for Chronic Health Conditions: The Role of Sleep Disorders" on Tuesday and Dr. Daniel Buysse presenting "New Adventures in Sleep Quality" on Wednesday.

The remainder of the scientific program, which begins Sunday afternoon and concludes Wednesday evening, contains the latest findings in sleep medicine, sleep research and related fields through a variety of session formats including invited lectures, symposia, clinical workshops, discussion groups, meet the professor sessions and a lunch and learn: pro/con debate series. More than 1,100 abstracts are being presented in oral and poster formats throughout the meeting. Each of these options provides you with the opportunity to learn about the topics of greatest interest to you in the formats that best suit you.

In addition to the scientific program, we encourage you to also participate in the many special events that will be held throughout the meeting. More information on each of these events can be found within this program:

- The *Welcome to San Antonio* networking reception held on the evening of Sunday, June 6 will offer attendees the opportunity to network with colleagues while experiencing the flavors of San Antonio through food, drink and entertainment.



- The annual membership meetings of the AASM and SRS will provide members with the opportunity to learn about the societies' latest initiatives and how to get involved. The SRS will also celebrate its 50th meeting during a reception following its membership meeting.
- A number of industry supported activities are being hosted in the SLEEP 2010 exhibit hall before, during and after the scientific sessions.

With changes and developments occurring in sleep medicine and research every day, it is important that clinicians and researchers are provided the opportunity to meet, interact and share their experiences and discuss the issues of greatest importance to the field. It is the hope of the APSS Program Committee that you enjoy your experience at SLEEP 2010 and are able to both renew and initiate relationships with colleagues from around the world who share your interests. Through these relationships, we can mold the future of sleep. Enjoy the meeting.

Sincerely,

Michael Sateia, MD
Chair, APSS Program Committee