

# CME, CE AND LETTER OF ATTENDANCE AT SLEEP 2010

## Continuing Medical Education (CME) Credit for Physicians

### Accreditation Statement

SLEEP 2010 meeting activities have been planned and implemented in accordance with the guidelines of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the American Academy of Sleep Medicine (AASM) and the Associated Professional Sleep Societies, LLC (APSS). The American Academy of Sleep Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Sleep Medicine designates this educational activity for a maximum of 39 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

### Sessions Available to Earn CME Credit

SLEEP 2010 offers physicians the opportunity to earn as many as 39 CME credits. CME credit is awarded for the keynote address, postgraduate courses, symposia, discussion groups, clinical workshops, oral presentations, invited lectures, lunch and learn sessions and meets the professor sessions. Specific details as to which sessions are eligible for CME credit are listed on the CME Reference Form, which is distributed during registration. Only those sessions sponsored by the APSS and listed on the CME Credit Claim Form are eligible for CME credit. Note: Poster viewing and late-breaking abstract sessions are not eligible for CME credit.

Credit is awarded based on the amount of time spent in each activity (rounded to the nearest quarter hour). Physicians may earn the following maximum number of credits each day: 8 credits (June 5 and 6); 7 credits (June 7); and 8 credits (June 8 and 9).

CME may also be available by attending industry sponsored activities. These credits are made available by the event organizer and are not processed by the AASM.

### Satisfactory Completion

To receive CME credits, SLEEP 2010 attendees must register for CME credit and pay the appropriate fee. The administrative fees are \$20 for members and \$35 for nonmembers. Individuals must complete an online evaluation form to receive CME credit. Further information is detailed on the CME Reference Form included with your registration materials.

### Target Audience for SLEEP 2010

Participants of the SLEEP 2010 meeting will include clinicians, scientists, students and other health care professionals seeking to increase their knowledge of the fields of sleep medicine and sleep research. Attendees should possess a basic knowledge of biological systems and/or operational issues in medical practice.

### Overall Educational Objectives

Attendance at SLEEP 2010 should give participants a broad understanding of the current state-of-the-art of sleep medicine, including current clinical practices used when investigating and treating sleep disorders in adults and children; areas of controversy in clinical practice; recent basic science research in both animals and humans; and social, business and political issues relevant to sleep medicine.

### By the end of SLEEP 2010, participants should be able to:

1) Summarize relevant information on the latest sleep research and clinical practices; 2) Identify present issues or challenges in diagnosis/treatment of sleep disorders, practice of sleep medicine or topics related to the field of sleep; 3) Integrate strategies and tools for the enhancement/advancement of sleep medicine; and 4) Recognize and have a basic understanding of common sleep disorders.

## Continuing Education (CE) for Psychologists

### Accreditation Statement

SLEEP 2010 is co-sponsored by Amedco and the Associated Professional Sleep Societies, LLC (APSS). Amedco is approved by the American Psychological Association to sponsor Continuing Education for psychologists. Amedco maintains responsibility for this program and its content.

### Sessions Available to Earn CE Credit

Psychologists may receive up to 37 hours of continuing education credit for attending SLEEP 2010. CE credit is awarded for the keynote address, postgraduate courses, symposia, discussion groups, clinical workshops, oral presentations and invited lecturers. Note: Poster viewing, lunch and learn sessions, meet the professor sessions, the late-breaking abstract session and discussion group D05 are not eligible for CE credit.

Psychologists may earn the following maximum number of CE credits per day: 8 hours (June 5 and 6); 7 hours (June 7- June 9).

### Satisfactory Completion for Psychologists

To receive CE credits, SLEEP 2010 attendees must register for CE credit. The administrative fees are \$40 for members and nonmembers. Attendees must have attended each of their sessions in their entirety and complete an online evaluation form in order to receive a certificate of completion/attendance. Participants not fulfilling these requirements will not receive a certificate. Failure to complete the evaluation form will result in forfeiture of credit for the entire conference. No exceptions will be made. Partial credit of individual sessions is not available. Further information is detailed on the CE Reference Form included with your registration materials.

# CME, CE AND LETTER OF ATTENDANCE AT SLEEP 2010

## Continuing Education (CE) Contact Hours for Nurse Practitioners

### Accreditation Statement

This program is approved for 39 contact hours of continuing education by the American Academy of Nurse Practitioners. Program ID 1003093. This program was planned in accordance with AANP CE Standards and Policies and AANP Commercial Support Standards.

### Sessions Available to Earn CE Credit

Credit is offered for the keynote address, postgraduate courses, symposia, discussion groups, clinical workshops, oral presentations, invited lectures, meet the professor sessions and lunch and learn sessions. Note: Poster viewing and late-breaking abstract sessions are not eligible for AANP contact hours for nurse practitioners. Credits are awarded for the time spent in each activity and are rounded to the nearest quarter hour.

### Satisfactory Completion for Nurse Practitioners

To receive CE contact hours, SLEEP 2010 attendees must register for CE contact hours for nurse practitioners and pay the appropriate fee. The administrative fees are \$20 for members and \$35 for nonmembers. Attendees must have attended each of their sessions in their entirety and complete an online evaluation form in order to receive a credit letter. Further information is detailed on the Nurse Practitioner CE Reference Form included with your registration materials.

## Continuing Education for Others

### Accreditation Statement

SLEEP 2010 has been planned and implemented through the joint sponsorship of the American Academy of Sleep Medicine (AASM) and the Associated Professional Sleep Societies, LLC (APSS). The American Academy of Sleep Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The AMA Council on Medical Education mandates that accredited providers only offer *AMA PRA Category 1 Credits™* to physicians. The AASM will issue individuals who are not eligible for any type of continuing education credits offered at SLEEP 2010 a letter of attendance outlining the number of *AMA PRA Category 1 Credits™* designated for the sessions they attend at SLEEP 2010.

To receive a letter of attendance, SLEEP 2010 attendees must register and pay the appropriate fee. The administrative fees are \$20 for members and \$35 for nonmembers. Individuals must complete an online evaluation form in order to receive the letter of attendance. Further information is detailed on the Letter of Attendance Reference Form included with your registration materials.

**AAS CECs are not provided for SLEEP 2010 sessions.**

## Do Not Forget to Register for Credits

Follow the instructions below to ensure that you receive CME, CE and letter of attendance credit for SLEEP 2010:

1. When you register for SLEEP 2010, be sure to add the appropriate continuing education credits to your registration. The CME, CE credits or letter of attendance fee is a separate fee from the general session registration fee.
2. At SLEEP 2010, you must pick up the appropriate Reference Form at the Continuing Education table near the SLEEP 2010 registration counters.
3. Use the Reference Form to track the sessions that you attend at SLEEP 2010; the comments section can be used to make notes that will help you to complete the online evaluation.
4. Go online to complete the online evaluation and claim your credits. Instructions will be included on the Reference Form. Please note that this Web site will be unavailable from June 17-21 during the relocation of the National Headquarters.

### Deadline to complete online evaluation forms:

- July 20, 2010 for CE for Psychologists.
- October 1, 2010 for CME, CE for Nurse Practitioners and Letters of Attendance.

**After these dates, individuals will no longer be able to receive credits.**